



MOTHER MATTERS

The right of women with disabilities to motherhood

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INFORMATIVE PILLS

Informative pills provide brief explanations related to disability studies, accessibility for healthcare professionals, and motherhood for women with disabilities. They are based on a microlearning approach, a learning methodology that divides content into short units focused on a single topic or skill.

- PEDAGOGY and EDUCATION -

Parents' pedagogy

Parental pedagogy is the practice through which caregivers support their children's development both emotionally and educationally. It aims to strengthen parenting skills and empower families, particularly mothers with disabilities, whose rights have often been marginalised.

From an inclusive perspective, parental pedagogy promotes respectful, communicative and shared approaches to education. For professionals, this means facilitating learning without replacing parental roles, and adapting support to each family's unique context and needs.



momsproject.eu



Mother Matters



[moms.mothermatters](https://www.instagram.com/moms.mothermatters)



[MoMs_MotherMatters](https://www.youtube.com/MoMs_MotherMatters)



In the case of women with disabilities, parental pedagogy plays a crucial role. It not only provides tools for active and conscious motherhood, but also challenges the prejudices that have historically limited their reproductive and parental rights. Training professionals in this field allows for fairer, more informed and empathetic interventions.

Parental pedagogy practices focus on fostering autonomy, positive communication, conflict resolution, emotional bonding and co-responsibility. Professionals must provide support without replacing, accompany without imposing, and respect each family's educational rhythm and style.

There are multiple resources that can strengthen professional training in this field. **The Parents as Teachers** programme offers a foundational curriculum to support families from pregnancy to age six, including virtual training and materials available in English and Spanish. Likewise, the **Triple P – Positive Parenting Program** enables tailored interventions according to each family's needs, focusing on parental self-efficacy and problem-solving. Another key tool is the **Pedagogy of Parents methodology**, which encourages collaboration between families and professionals through narrative group work and joint learning processes. The **National Center for Families Learning** (NCFL) provides resources for family literacy, extracurricular activities and tools to promote family engagement across educational levels. These resources are available on reputable platforms and can be applied or adapted to diverse contexts.

